



Introduction to the Enneagram in the Narrative Tradition

How is the Narrative Enneagram different?

The Narrative Tradition promotes an open exploration of personality type. This interactive method of conversation through panel interviews, gives participants an opportunity to learn with each other in community about the strengths, challenges, and blind spots for each of the Enneagram types. This method offers a unique - and often transformative - experience of the Enneagram.

Example Agenda for a Half-Day Workshop - 4 hours (in person or online)

9:00 - 9:45 am	Introduction to the Enneagram
9:45 - 10:20 am	Tour of the Types and 3 Centers of Intelligence
10:20 - 11:00 am	Heart Center (2, 3, 4) Panel Interview
<i>BREAK</i>	
11:15 - 11:50 am	Head Center (5, 6, 7) Panel Interview
11:50 - 12:25 pm	Body Center (8, 9, 1) Panel Interview
12:25 - 1:00 pm	Summary and Q&A

Example Agenda for a Full Day Workshop - 8 hours (can be split into two days online)

9:00 – 9:45 am	Introduction to the Enneagram
9:45 - 10:30 am	3 Centers of Intelligence and Type 3 (Heart) Panel
<i>BREAK</i>	
10:45 - 11:45 am	Type 2 and 4 (Heart) Panel Interview
11:45 - 12:45 pm	LUNCH
12:45 - 2:15 pm	Types 5, 6, 7 (Head Center) Panel Interview
2:15 - 3:45 pm	Types 8, 9, 1 (Body Center) Panel Interview
3:45 - 4:45 pm	Summary and Q&A